



Just Groove

RULES & ELIGIBILITY:

Metropolis “**Just Groove**” is a platform for showcasing one’s talent in the field of dance. A total of 3 competitions is to be held under it, the rules/eligibility details of which are summarized below:

Aa Dekhe Zara

- All forms are allowed [Hip-Hop, Contemporary, Jazz, and Freestyle]
- The competitors can take part either in groups or individually.
- The tracks should be in accordance with the theme i.e. **Vintage or Retro**
- The tracks should be of 3-4 minutes duration.
- There will be two Rounds in this section for both **Individual** and **Group Category**.
- The best two performers from the Individual category and only the best performance from the Group category will be awarded.

Feel the Retro Beat

- The competitors can take part either in groups or individually.
- The track will be given by the Judges on the spot (the track shall be a vintage/retro number)
- The duration of the tracks will be in between 30 secs-1 minute.
- The competitors **NEED to Battle** in this very competition.
- The best from both Individual and Group categories will be awarded.

The Battlefield

- It's a B-Boying and Popping Style Battle.
- The competitors will take part individually.
- The best performance from each of B-Boying and Popping categories will be awarded.

DATES:

Day 1 (6th Jan, 2017): Aa Dekhe Zara (Round I)

Day 2 (7th Jan, 2017): Feel the Retro Beat

Day 3 (8th Jan, 2017): The Battlefield & Aa Dekhe Zara (Round II)

VENUE: Nehru Park, Guwahati

NB: No registration fee shall be charged for participating in either of the 3 competitions mentioned above.

FOR REGISTRATION & OTHER QUERIES:

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